

WILDERNESS SURVIVAL WEEKEND

ITEMS TO CONSIDER FOR YOUR SURVIVAL KIT

This is a weekend that will introduce Scouts from Troop 50 and Troop 150 to several survival scenarios. The weekend will go forth despite what the weather throws our way. Parents should be assured that our plans include having more than one medical professional in the camping area, including an EMT. The plans do not include the Scouts enduring untenable conditions; however, that does not mean that we will come home if the weather is bad. We will protect the health and safety of all participants. Though we will teach how to filter and purify water, the Scouts will have access to fresh water at all times.

Since this is a survival experience, we will not use our normal packing list. Everyone should bring a small bag with your medications and a full change of clothing for Sunday morning for the ride home. Plus you need to bring a sleeping bag and ground cloth or pad. Other than that, the rest of what you bring **MUST** fit into a one-gallon Ziplock bag, your pants pockets, or your jacket pockets. For this outing you should consider wearing long jeans, cotton or wool socks, a T-shirt, another shirt over that, a light jacket, a heavier jacket, a hat, and anything else you think you need to be comfortable in the weather forecast for the weekend.

Hint 1: Discuss what you plan to bring with other Scouts in the Troop and try to split some comfort items between two or more people.

Hint 2: Everything you pack is a trade-off for something else that will be unable to fit into the bag.

The items below are *not required*, but are items that you should consider for inclusion in your survival pack.

Personal Items

- Knife
- Large plastic garbage bags (multiple uses)
- Wool socks (multiple uses)
- Pocket hand warmers
- Stocking cap / other hat
- Gloves
- Eating utensils
- Personal hygiene items (TP, soap, toothbrush)
- Small first aid kit

Items for Shelter

- Sleeping bags and ground cloth or pad need not fit into the Ziplock bag - **REQUIRED**
- Heavy duty plastic sheeting (multiple uses)
- Poncho (multiple uses)
- Parachute cord or small diameter rope
- Hiking/Survival Staff

Emergency Signaling

- Signal mirror
- Space blanket (multiple uses)
- Whistle
- Folded aluminum foil (multiple uses)
- Flashlight

Fresh Water

- Canteen, Camelbak, Hydration Packs (perhaps another place to pack stuff)
- Water purification methods

Items for Starting a Fire

- Dryer lint for use as tinder
- Non-aerosol insect repellent to use as starter fluid
- Tightly folded newspaper for use as tinder
- Small votive or tea candles
- Fire starting utensils
- 000 or 0000 Steel wool

Troop Provided Items

- Hatchet and axes
- Fresh water
- Food

Forbidden Items

- Cell phones
 - Video games
 - CD/MP3 Players
 - Radio
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